

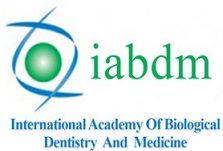
Could **Mercury Toxicity** Be Causing Your **Symptoms**?



Mercury is the most poisonous, non-radioactive, naturally occurring substance on our planet. Most people think that the Mercury present in dental fillings is not harmful for the human body. It is a scientific fact that toxic mercury vapor is continually being released from amalgam fillings, 80% of it enters the body and accumulates in it. It may take up to many years to manifest its damage.

According the International Academy of Oral Medicine and Toxicology, documented studies show the potential risks of mercury fillings on human health. “Adverse health effects from mercury exposure can be: tremors, impaired vision and hearing, paralysis, immune dysfunction, fatigue, anxiety, insomnia, emotional instability, developmental deficits during fetal development, and attention deficit and developmental delays during childhood. Recent studies suggest that mercury may have no threshold below which some adverse effects do not occur.” -World Health Organization Policy Paper, 2005

<https://iaomt.org/wp-content/uploads/Fact-Sheet-Dental-Mercury-and-Human-Health.pdf>



Why Should You **Worried**? Because mercury levels can build up in your body, causing health problems, being aware of your current dental situation and creating a holistically healthy lifestyle that contributes to your total wellness is very important. Most integrative practitioners would agree that there is a correlation between a particular diseased organ or illness and amalgam fillings. If you are in a journey of healing your body, this issue should be addressed by removal of existing amalgam fillings with special techniques to avoid the potential negative outcomes of mercury exposure.

Amalgam is interchangeable with numerous other filling materials including resin composites. In fact, the mercury-free alternatives are so advanced that entire nations, such as Scandinavian countries, have stopped the use of amalgam.

Removal of existing amalgam fillings should be done with special techniques to avoid the potential negative outcomes of mercury exposure to patients, dental professionals, dental students, office staff and others. It is very important that you consult with a Biological dentist that is associated with [professional organizations that support mercury free dentistry.](#)



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